

Lombardi Comprehensive Cancer Center Arts and Humanities Calendar of Events September 2009



Weaving the Georgetown Skyline: A Caring for the Caregiver staff event, Carol Bitner, guest artist

Arts and Humanities Programs are designed to promote the health and well being of patients, family members and staff at the Lombardi Comprehensive Cancer Center. We are grateful to the Robert M. Fisher Foundation for the Cecelia F. Rudman Endowment Fund, and to The Joseph E and Marjorie B. Jones Foundation, Prince Charitable Trusts, The Cornell Douglas Foundation, The Hargrove Pierce Foundation, The Sue Zabel Fund, Lisa Flaxman, The Kathleen A. Beard Memorial Endowment Fund, The D.C. Commission on the Arts and Humanities, and The National Endowment for the Arts for their generous contributions to the arts at Lombardi. This program is supported solely by private contributions. For more information or to contribute to the arts at Lombardi, please contact Nancy Morgan at 202-444-7228 or npm2@georgetown.edu.

Performances

Laura Sperling, therapeutic flute music Thursday September 3, 11:00 a.m.-1:00 p.m. on 2 and 3 Bles.

Robert Northern Drums and flute September 16 at 4:00 p.m. in selected patient sites.

Drum therapy session for staff at 5:00 p.m. in the Atrium

Anthony Hyatt, violin, September 22 at 1:00 in the Atrium and selected patient sites

Ellen Tenenbaum piano, September 23 at 11:30 in the Atrium

Dance

Ann Behrends, dancer, physical therapist Gentle movement to music tailored to patient needs and ability, for improved flexibility, muscle tone. Mondays from 2:30-4:30 p.m. Sessions for patients and staff throughout oncology areas. around 3pm Mondays
Lombardi Moves: Dance Curriculum Guide for People with Cancer. Illustrated Guide is available in the arts office.

Daniel Burkholder leads stretch movement sessions on Tuesday in the Nina Hyde Room at 2:30 p.m. and oncology waiting areas throughout the hospital.

Lombardi Moves Dance Troupe Daniel Burkholder, Washington choreographer, leads Lombardi Moves dance troupe, inviting patients, families, staff and students to practice each Tuesday from 4:00-4:30 p.m. in the 7th floor corridor between hospital buildings Main and Bles.

Visual Art *Installations by Robert Matthews*

Paintings by Julie Lansau September 2-30 in the Atrium.

Sales benefit the Arts and Humanities Program

Painting and collage with Mark Moran Monday mornings in the Atrium

Acrylic painting with Nevin Bossart Thursdays at 10:00 a.m. in the Clinic. *no session August 6*

Beads for Meditation with Deborah Gudelsky, Wednesdays, at 10:30 a.m. in selected oncology patient areas. Call for appointment. 444-7228

Decorative Origami Boxes with Harriet Weiner and Deborah Gudelsky, Wednesday, September 23 from 10:30-12:30 in the Atrium

Needlework with Claire Wagner Wednesdays at 1:00 p.m. in the Nina Hyde Room. Knitting materials are available in the arts office, Room M344C in the Clinic.

Quilting and Fabric Art with Lauren Kingsland, Mondays at noon in the Atrium

Art and Conversation Informal art discussion and basic weaving lessons, Thursdays at 1:00 p.m. in the clinic. **Carol Bitner**, Tapestry weaver, **Nevin Bossart**, painter.

Writing

Expressive Writing with Nancy Morgan, MA-TLA. Ongoing. Tuesdays at 11:00 a.m. in the Nina Hyde Room, and also by appointment. Group sessions can be arranged for patients, family and medical caregivers. Weekly writing exercises are distributed in outpatient clinics and are available on the arts information table outside Clinic room M344C. Individual writing sessions or readings are arranged by calling 444-7228. Writers may contribute work to *Lombardi Voices*, an anthology of writing by members of the Lombardi community.

Writing with new chaplain interns, September 16 and 30 and 9:00 a.m.

Research on Writing and Health: Phase 1 of a study conducted with the patients of Dr. Bruce Cheson that investigates correlations between expressive writing and health is completed, and is published in the February 2008 issue of *The Oncologist*. Copies of the study results and summary are available in the Arts and Humanities Office. Phase 2 of the research begins Fall 2009.

Women's Cancer Support Group Fourth Monday of each month from 12:30-1:30 p.m. Podium A Conference Room. Facilitators: Terri Harrington, MSN, CRNP, Ann Richardson, RN,

Nancy Morgan, MA-TLA. Call 202-444-7228. Regular support group discussions are combined with creative activities. September 28.

Events for Staff: In addition to community-wide programs like performances and exhibitions, Arts and Humanities events for staff are created to enhance staff morale with Quality of Life Initiatives funded by The Prince Charitable Trusts. To plan a staff morale project please contact Lauren Kingsland lsk29@georgetown.edu.

Caring for the Caregiver: The Art of Self Care at noon in Martin Marietta. Program: September 3 program: **Matching Music to Patient Mood**, Laura Sperling, flutist and music practitioner.

October 1 program: *The health benefits of cooking with herbs*, Amelia Baker, nutritionist. Lunch prepared by Nevin Bossart.. *Caregiver meetings take place on the first Thursday of each month.*
Program is open to all staff.

Stretch Movement for Staff, Ann Behrends, Daniel Burkholder, Instructors. Mondays and Tuesdays, 2:30-4:30 p.m. Available to oncology staff on 2 and 3 Bles, Five North and Seven West.

Painting with 2 Bles staff: Nevin Bossart will work with 2 Bles staff to create a mural Tuesdays from 1:00-3:00 in the staff room.

Artist Lunch A quarterly meeting of Arts and Humanities Visiting Artists will take place Wednesday, September 23 at 12:30 p.m.

Permanent Exhibitions:

Quilt Installation: *What the Arts Mean to Me* Quilt inscribed by Lombardi community members, Lauren Kingsland, quilter. Lombardi Clinic.

Still Life with Flowers, acrylic painting by Nevin Bossart, donated by Lisa Flaxman in honor of Gwen Leighty. Nina Hyde Patient Resource Room.

Dance Hall Dandy, Watercolor painting by Jacqueline Saunders donated by Robert Ricci in honor of Adriana S, Ricci, Lombardi Clinic

Transcendence, mixed media collage by Helen Soper Fiorentino, Podium Level

Breast Cancer Journal: Walking with the Ghosts of My Grandmother, paintings and drawings by Hollis Sigler, Research Building corridors, level 3,4,5

Looking Forward/Looking Back, an autobiographical exhibition of photographs and text by Pediatric Oncology Patients, Lower Level corridors.

A Place in the Firmament, Watercolors by Kiki Felix on Seven West

Oil Paintings by Dr. Ozge Alper, Lombardi Clinic

Photographs by Dr. Willard A. Barnes, Clinic, Patient Area 4

Photographs by Dr. Saul Yanovich, Bone Marrow Transplant Clinic, Bles G

Healing Garden Quilt Series created by the *Quilter's Dozen*, in the Five North Waiting Room

Butterfly Quilt series designed by Lauren Kingsland and assembled by members of Lombardi community, Seven West Corridor

Abstracted Flower Forms, photographs by Laurie Black, in the Clinic

Sunflower Field Series by Nevin Bossart, Lombardi Clinic

Watercolor print series by Jane Jordan, 7 West patient rooms

Arts supplies: Journals, drawing, watercolor, collage materials, yarn, needles, and poetry are available in the Arts and Humanities Office. CD players and music provided by Musikids and

Musikares are available in the clinic, on 5 North, 7 West and 2 Bles. Ask staff for CD player. Copies of *Lombardi Voices*, an anthology of writing by members of the Lombardi community, and *Lombardi Moves*, a dance/movement curriculum for people with cancer, are available in the Arts and Humanities Office in the Lombardi Clinic. Call 202-444-7228.